

Ready to Help

LA  
LAURA ANDERSON  
REAL ESTATE GROUP

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Dear Friends and Neighbors,

Thinking of you and your family during this time. We are here for you if you need help with food shopping, picking up medications... items can be left at your door, help is here for you.

Please reach out to me at: 323-646-6569 or [laura@lauraandersonproduces.com](mailto:laura@lauraandersonproduces.com)



**T**hese are uncharted waters we have entered as a society but amidst all the uncertainty hoping you are staying safe and following the recommendations of our health professionals. We are neighborhood strong and are here to help... we can get through this together.

xx, Your neighbor, Laura Anderson

#### FOR OUR SENIORS

I am reaching out to provide you with information on the City's resources and services for our older adults on behalf of the Department of Aging.

As you know, adults ages 65+ are one of the most vulnerable populations to COVID19. Currently, our Department of Aging provides 16,740 low-income seniors with meals daily from our dining centers as well as at least 2,780 meals delivered directly to senior homes daily.

- The Governor's Office has recommended that seniors ages 65+ isolate themselves to prevent exposure to COVID19.
- LA County and LA City are set to close all 180 congregate meal sites on Monday, March 16.

- As a result of these closures, the County and City will distribute packaged and frozen food at designated meal sites. Older adults 65+ are asked to send a caregiver, friend or family member to pick up their meals. Go to <http://bit.ly/agingla> for a map of these sites.
- The Department of Aging is currently working with our providers to assess ways to implement a home delivery system for the meals previously served at dining centers. We will share an update regarding this later this week.
- We are preparing programming to go online, specifically the Age Mastery Program will be on Facebook Live later this week.
- We are coordinating efforts with community partners to provide telephone calls to keep older adults connected.
- We have partnered with the National Asian Pacific Center on Aging to outreach monolingual groups to ensure they are connected to needed services and supports.



#### LAURA ANDERSON

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